

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Relationships <i>(including RSE)</i>	<p>To initiate play, offering cues to friends to join in.</p> <p>To demonstrate friendly behaviour, initiating conversations and forming good relationships.</p> <p>To know to speak to familiar adults when problems in friendships arise.</p> <p>To know how to develop strong friendships.</p> <p>To know how to take steps to resolve conflicts with other children.</p> <p>To know how to play in a group.</p> <p>To know how to work and play cooperatively and take turns with others.</p> <p>To know how to form positive attachments to adults and friendships with peers.</p> <p>To show sensitivity to their own and others' needs.</p> <p>To show and understanding of own feelings and those of others, and begin to regulate behaviours accordingly.</p>	<p>To know how to recognise and talk about emotions and feelings.</p> <p>To know that there is a normal range of emotions.</p> <p>To know whether feelings are appropriate and proportionate.</p> <p>To understand the importance of self-respect.</p> <p>To know how important friendships are to happiness.</p> <p>To know the importance of families.</p> <p>To know about the special people who work in a community.</p>	<p>To understand that families are important when growing up.</p> <p>To know that families can be different.</p> <p>To understand the characteristics of healthy family life.</p> <p>To know that stable, caring relationships may be of different types.</p> <p>To be able to recognise if family relationships are making them feel unhappy or unsafe.</p> <p>To know that marriage represents a legal and formal commitment.</p> <p>To know the characteristics of friendships.</p> <p>To understand that there is a normal range of emotions.</p> <p>To know that healthy friendships are positive.</p> <p>To know the conventions of courtesy and manners.</p> <p>To know that friendships have ups and downs. To understand that they can expect to be treated with respect.</p> <p>To know the importance of respecting others.</p> <p>To know how to judge whether feelings are appropriate/ proportionate.</p>	<p>To know that all achievements should be celebrated.</p> <p>To understand that it's important to have aspirations and goals.</p> <p>To learn to judge whether feelings and behaviours are appropriate and proportionate.</p> <p>To learn how to recognise and talk about emotions.</p> <p>To understand the characteristics of healthy family life.</p> <p>To understand stereotypes and how they can be negative.</p> <p>To understand the importance of respecting others.</p> <p>To know that there is a normal range of emotions.</p> <p>To understand the importance of self-respect.</p> <p>To understand the importance of permission seeking and giving.</p> <p>To know that each person's body belongs to them.</p> <p>To know how to ask for advice.</p> <p>To know how to report concerns or abuse.</p> <p>To know how to recognise if family relationships are making them unhappy/ unsafe.</p>	<p>To realise the importance of friendships.</p> <p>To identify the characteristics of friendships.</p> <p>To acquire skills to promote positive friendships.</p> <p>To understand how to report feelings of being unsafe.</p> <p>To appreciate the importance of self-respect.</p> <p>To understand that relationships have ups and downs.</p> <p>To understand that healthy relationships are positive.</p> <p>To recognise who to trust and not to trust.</p> <p>To understand why and how rules and laws protect them. To know the importance of friendships to happiness</p> <p>To know the characteristics of friendships</p> <p>To understand that friendships have ups and downs.</p> <p>To realise the consequences of anti-social behaviour.</p> <p>To understand that healthy relationships are positive.</p> <p>To recognise who to trust and not to trust.</p> <p>To know what boundaries are important.</p>	<p>To understand the importance of respect.</p> <p>To understand the risks of inactive lifestyles.</p> <p>To understand the importance of self-respect.</p> <p>To know that body image has changed throughout the ages.</p> <p>To know that the internet can be a negative place.</p> <p>To be able to recognise and talk about emotions.</p> <p>To appreciate the characteristics of healthy family life.</p> <p>To know that families can be different.</p> <p>To explore the ways that other cultures celebrate life and loss.</p> <p>To know the key facts about puberty.</p> <p>To identify the characteristics of friendships.</p> <p>To know how important friendships are in making us happy.</p> <p>To know how to report concerns or abuse.</p>	<p>To know key facts about puberty.</p> <p>To know that families are important to children.</p> <p>To know that each person's body belongs to them.</p> <p>To know practical steps to improving relationships.</p> <p>To know how to report concerns or abuse.</p> <p>To know that the same principles apply to online relationships.</p> <p>To consider the effect of their online actions on others.</p> <p>To critically consider their online friendships.</p> <p>To understand that people can behave differently online.</p>

<p style="text-align: center;">Safety</p>	<p>To begin to understand how behaviours have an impact on physical safety. To show an ability to follow instructions. To explain the reasons for rules, knowing right from wrong and trying to behave accordingly.</p>	<p>To understand rights and responsibilities. To know how to assess risk and consequences. To know how to respond safely to adults that they don't know. To understand why rules are needed to keep everyone safe To know how to recognise feelings of being unsafe. To know how to ask for advice and report concerns. To know that people can behave differently online. To know how to be assertive and take responsibility for own safety. To know the benefits of rationing time online.</p>	<p>To know how to recognise who to trust and not to trust. To understand why some social media and computer games are age restricted.</p>	<p>To recognise that the internet is an integral part of life. To recognise that the internet can also be negative. To understand that people can behave differently online. To understand the importance of keeping personal information private. To understand how information and data is shared. To learn about the concepts of privacy. To learn how to respond safely and appropriately to adult they don't know. To learn how to critically consider online friendships. To understand that the same principles apply to online and real life relationships. To understand what sort of boundaries are appropriate. To know about the benefits of rationing the time spent online. To know why social media and games have age restrictions. To know about the rules and principles of keeping safe online. To know where and how to seek support. To know where and how to report concerns. To learn how to ask for advice.</p>	<p>To learn about special people who work in the community. To learn how to clearly and efficiently contact the emergency services. To learn how to respond to fire safety issues. To identify water dangers.</p>	<p>To know where and how to report concerns. To know about personal hygiene and germs. To understand that the internet can be negative.</p>	<p>To know that the internet is an integral part of life. To recognise that the internet can also be negative. To understand the importance of keeping personal information private. To begin to understand the concept of privacy. To understand the rules and principles for keeping safe online. To know how information and data is shared. To consider the benefits of rationing time spent online.</p>

<p>Physical and Mental Health</p>	<p>To manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</p>	<p>To know facts about legal and illegal harmful substances and risks. To understand the benefits of physical exercise/ a healthy lifestyle. To know what constitutes a healthy diet. To know about good dental health and hygiene. To know about safe and unsafe exposure to the sun. To know simple self-care techniques. To be able to recognise early signs of physical illness. To know where and how to seek support – including mental health, well-being and emotions. To understand the benefits of physical exercise/ community service on health and mental well-being.</p>	<p>To know the facts and science relating to allergies, immunisation and vaccination. To know the characteristics and benefits of an active lifestyle. To know simple self-care techniques. To know the importance of building exercise into daily routines. To understand the importance of sufficient good quality sleep. To know about personal hygiene. To know that each person’s body belongs to them and the difference between appropriate and inappropriate contact. To understand that mental health and well-being is a normal part of daily life. To know that there is a normal range of emotions. To understand that isolation and loneliness can affect children. To know simple self-care techniques.</p>	<p>To learn the benefits of physical exercise. To understand the characteristics of an active lifestyle. To understand the risks of an inactive lifestyle. To know about simple self-care techniques. To know how and when to seek support. To understand that mental well-being is a normal part of daily life. To learn where and how to seek support for mental health. To understand that it is common for people to experience mental ill health. To learn simple self-care techniques.</p>	<p>To know what constitutes a healthy diet. To understand the characteristics of a poor diet. To know the principles of planning and preparing healthy meals. To recognise early signs of physical illness. To know the benefits of oral hygiene.</p>	<p>To know what constitutes a healthy diet. To know how to become a discerning consumer of information. To understand the importance of respecting others. To understand the benefits of physical exercise. To know that each person’s body belongs to them.</p>	<p>To know the facts about legal and illegal harmful substances. To know what is meant by the term ‘habit’. To know that pressure to misbehave can come from many sources. To know how to make informed choices. To understand the role that money plays. To understand that mental well-being is a part of everyday life. To understand that there is a normal range of emotions. To know that it is common for people to experience mental ill health. To know how to judge if feelings are appropriate and proportionate. To know some simple self-care techniques. To understand the benefits of physical exercise. To know the benefits of an active lifestyle. To know the importance of regular exercise. To understand the importance of sufficient good quality sleep. To understand that isolation and loneliness can affect children. To know where and how to seek support..</p>
<p>Living in the Wider World</p>	<p>EYFS ELG emphasis on self-regulation, managing self and building relationships</p>	<p>To understand how common household items can be reused. To help construct and follow rules, and</p>	<p>To understand the importance of respecting others. To know what improves environments.</p>	<p>To understand why they belong to different groups and communities. To help to construct and follow rules.</p>	<p>To understand that there are basic human rights. To understand why and how laws and rules protect them.</p>	<p>To critically examine what is presented in social media. To understand how to be a discerning consumer.</p>	<p>To understand what improves and harms the environment. To understand that there are basic human rights</p>

		<p>understand how these help. To know how rules and laws protect them and others. To know how they can contribute to life in the classroom and school. To know that money comes from different sources and can be used for different purposes. To know the role that money plays in their lives and how to keep it safe.</p>		<p>To understand what being part of a community means. To understand what improves and harms the environment.</p>	<p>To understand that universal rights are there to protect everyone. To realise the consequences of anti-social behaviour. To know that money comes from different sources. To know the role that money plays in our lives. To develop an initial understanding of interest, loan, debt and tax.</p>	<p>To know what a stereotype is. To understand what improves and harms the environments. To understand the way that plastics affect the planet. To identify the ways that resources can be reduced and recycled. To understand that people and living things have rights.</p>	<p>shared by people and societies. To understand that resources can be allocated in different ways. To understand that they have different kinds of responsibilities. To realise the consequences of anti-social behaviour. To understand that there are basic human rights shared by all. To understand that there are universal rights to protect everyone. To understand what being part of a community means. To know about the special people who work in the community. To develop strategies for getting support.</p>
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